

Fall 2015 JV Team Meetings

Meeting #1:

1. Get onto Remind text message (see overhead) chain.
2. Get into Google+ Community Page for team this season.

Meeting #2:

1. 'D' sets up 'O'
 1. EVERY PLAYER PLAYS 'D', not everybody plays 'O'!
 2. Ball works from the back forward
 3. Ball Possession – playing to our strengths (playing our game)
 4. Going backwards to go forward
2. Set Plays
 1. 2 Players take the set piece (practice makes perfect)
 2. Stack set to begin the play
3. Corner Kicks
 1. What is a stack? What does it look like? Who calls the/a play?
 2. Stack set with 4-5 players moving
 1. Bullet (Magnet) = Far post
 2. Near post run
 3. 1-2 Running onto far post
 4. Garbage man
 5. Who marks the goalie and why?
 3. Kicker sets players in motion = TIMING
4. Throw Ins
 1. Check into play, then get out
 2. Movement into open space
5. Checking 'IN' to the Play
 1. Moving OFF the ball
 2. Open Space determines where you move
 3. Always be aware of your defensive assignment
 4. Overlapping defenders (marking backs)

How to communicate with Coach Stafford? ALWAYS come to see me in person (X233 - my classroom).

Day 2: Tuesday – Senior Book Sale – go at 9:30am

- Goals (Individual and Team)
- Expectations (Players, Coach – come speak with me in person)
- Our ‘Identity’ – what it means to be a part of something bigger than yourself
- Schedule (Practices, Games)
- Mental side of being Student/Athlete – Balancing your LIFE

Day 3: Wednesday – Junior Book Sale – go at 9:30am

- Go over day 1 Logistics
- Team Goals Voting
- Captains Voted
- Moving forward
- Questions, comments, concerns?

Day 4: Thursday

- Go over day 1 Logistics
- Review team goals
- Board Chat (what to expect on game days?)
- Can you find the team schedule online?
- Captains hold a closed door/players team meeting (15 minutes)

Day 5: Friday

- Scrimmage the sophomores (run set plays)
- Players Only Meeting

Saturday: PICTURE and Sports Meeting Day

- More to come on details, I don't have them right at this time.

1st Week of School:

Monday: Game #1 at Rolling Meadows

Tuesday: Practice - 3:30-5:15

Wednesday: Practice 3:30-5:15

Thursday: Practice 3:30-5:15

Friday: Practice 3:30-5:15

Season Schedule: *Subject to change due to weather, reschedules, additions...*

Monday Aug. 24: Game #1 at Rolling Meadows (4:30pm)

Tuesday Sept. 1: Game #2 vs Vernon Hills - Adams Field (4:30pm)

Thursday Sept. 3: Game #3 at Waukegan (4:45pm)

Tuesday Sept. 8: Game #4 at Glenbrook South (4:45pm)

Tuesday Sept. 15: Game #5 vs. Glenbrook North - Adams Field (4:30pm)

Wednesday Sept. 16: Game #6: vs. Maine West - Adams Field (4:45pm)

Monday Sept. 21: at Lake Forest Academy (4:30pm)

Thursday Sept. 24: at Highland Park (4:30pm)

Friday Sept. 25: vs. Stevenson - on Field #3 (4:45pm)

Monday Sept. 28: at Maine East (4:45pm)

Wednesday Sept. 30: vs. Niles North - Adams Field

Saturday Oct. 10: vs. Evanston - on Field #3

Wednesday Oct. 14: Invitational Tournament (5pm at HP)

Friday Oct. 16: Invitational - TBD

Saturday Oct. 17: Invitational - TBD