

**DEERFIELD GIRLS TRACK AND FIELD
ALL-TIME TOP TEN**

100 M DASH

8.	Domonique Keys	13.04	2003
8.	Heather Collins	13.04	2003
8.	Grace Joseph	13.04	2010
8.	Allie Boudreau	13.04	2011
6.	Hope Johnson	12.94	2001
6.	Debbie Rivkin	12.94	1976
5.	Sophie Lackner	12.92	2017
3.	Martha Caflisch	12.84	1978
3.	Heidi Golden	12.84	2004
2.	Allison Gliemi	12.54	1977
1.	Hayley Dorfman	12.40	2013

200 M DASH

10.	Kelsey Muldoon	27.34	2005
9.	Grace Joseph	27.24	2010
8.	Lauren Goodsnyder	27.16	2017
7.	Sophie Lackner	26.94	2015
5.	Lisa Tumpey	26.74	1978
5.	Michela Emmerich	26.74	2016
4.	Domonique Keys	26.64	2003
3.	Hayley Dorfman	26.44	2013
2.	Allie Boudreau	26.44	2011
1.	Jen Zerwer	26.24	1996

400 M DASH

10.	Meg Ryan	61.74	2000
9.	Caitlyn Anonuevo	61.45	2017
8.	Grace Joseph	61.44	2010
7.	Hayley Dorfman	61.40	2013
6.	Domonique Keys	61.24	2003
5.	Michela Emmerich	61.00	2016
4.	Ali Heller	60.94	2009
3.	Audrey Dickerson	60.64	2024
2.	Lisa Tumpey	58.84	1978
1.	Allie Boudreau	58.54	2011

800 M RUN

10.	Tara Hanusa	2:29.14	2010
10.	Hadley Lloyd	2:29.14	2011
9.	Olivia Brown	2:28.87	2023
8.	Sammy Jarvis	2:27.94	2010
7.	Rebecca Barry	2:26.04	2009
6.	Katherine Ehrenreich	2:25.84	2010
5.	Kyla Wolski	2:25.25	2019
4.	Tricia Alger	2:24.24	1976
3.	Kate Shimamoto	2:22.01	2017
2.	Erika Odlaug	2:21.64	2002
1.	Lisa Crovetti	2:14.24	1984

1600 M RUN

10.	Hope Leman	5:35.76	2018
9.	Karen Klopp	5:34.04	1992
8.	Elizabeth Villano	5:33.84	2009
7.	Bekah Firestone	5:32.91	2022
6.	Katie Haberman	5:32.24	2009
5.	Katie Baker	5:31.74	1988
4.	Jeannine Salemi	5:31.04	1992
3.	Kelley Osborn	5:30.97	2018
2.	Missy Staubitz	5:30.44	1984
1.	Erika Odlaug	4:59.84	2001

3200 M RUN

10.	Katie Haberman	12:10.34	2009
9.	Setsuko Hamanaka	12:07.74	1988
8.	Missy Staubitz	12:07.54	1984
7.	Elizabeth Villano	12:07.14	2009
6.	Sara Huck	12:05.24	1987
5.	Hope Leman	11:54.84	2018
4.	Caroline Stitche	11:47.04	2008
3.	Abbey Osborn	11:45.82	2014
2.	Katie Baker	11:42.04	1988
1.	Erika Odlaug	10:10.71	2001

100 M HIGH HURDLES (Cory Kneuer – 15.4 in 100 Lows)

9.	Kate Otto	17.34	1988
9.	Abby Monroe	17.34	2000
8.	Sophie Engerman	17.33	2022
7.	Megan Petrey	16.90	2013
6.	Christine Stitcher	16.85	2012
5.	Amanda Abell	16.64	2011
4.	Zoie Richardson	16.54	2016
2.	Allison Boudreau	16.14	2011
2.	Michela Emmerich	16.14	2016
1.	Beth O'Shaughnessy	15.44	1991

300 M LOW HURDLES

10.	Megan Petrey	51.47	2012
9.	Beth O'Shaughnessy	51.44	1988
8.	Sarah Hansen	51.34	2004
7.	Maggie Montgomery	50.56	2022
6.	Rissi Pacheco	50.04	2007
5.	Leah Rosenblum	49.77	2017
4.	Kate Henry	49.70	2013
3.	Allie Boudreau	46.24	2011
2.	Michela Emmerich	45.80	2016
1.	Zoie Richardson	45.59	2019

4X100 RELAY

8.	2004	51.94	(Muldoon, Golden, Collins, Ford)
8.	2008	51.94	(Ament, Pacheco, Levitz, Boudreau)
8.	2010	51.94	(Joseph, Boudreau, Levitz, Johnson)
7.	2003	51.44	(Collins, Keys, Hayne, Muldoon)
6.	2002	51.24	(Collins, Hayne, H. Cohen, Keys)
5.	2018	51.22	(Gray, Richardson, Fisher, Goodsnyder)
4.	2011	51.04	(Dorfman, Joseph, S. Katz, Boudreau)
3.	2012	50.48	(Joseph, Johnson, Block, Dorfman)
2.	2016	50.18	(S Lackner, Ivice, Richardson, Emmerich)
1.	2017	49.87	(S Lackner, Richardson, Liberman, Goodsnyder)

4X200 RELAY

10.	2015	1:50.82 (Emmerich, Buck, S Lackner, Anonuevo)
9.	2016	1:50.67 (Anonuevo, Ivce, Gray, Cohen)
8.	2008	1:50.24 (Levitz, Cortesi, Boudreau, Heller)
7.	2004	1:50.14 (Golden, Loprest, Collins, Muldoon)
6.	2018	1:50.11 (Gray, Cohen, Vranicar, Goodsnyder)
5.	2013	1:49.84 (Danos, Joseph, Bukszar, Dorfman)
4.	2009	1:49.34 (Cortesi, Boudreau, Levitz, Heller)
3.	2010	1:48.04 (Joseph, Johnson, Boudreau, Abell)
2.	2012	1:47.67 (Hardner, Joseph, Abell, Dorfman)
1.	2017	1:44.83 (S Lackner, Cohen, Gray, Goodsnyder)

4X400 RELAY

10.	2019	4:17.46 (Newhall, Richardson, Healy, Wolski)
9.	2024	4:16.98 (Dickerson, Dorsey, I. Bennie, Geres)
8.	2008	4:14.54 (Boudreau, Smiley, Rapaport, Heller)
7.	2010	4:10.74 (Boudreau, Hanusa, S Jarvis, Joseph)
6.	2016	4:10.59 (Anonuevo, Gray, Shimamoto, Emmerich)
5.	2018	4:10.23 (Bluman, Shimamoto, Richardson, Vranicar)
4.	2009	4:08.04 (Hansen, Boudreau, Hanusa, Heller)
3.	2011	4:06.54 (S. Katz, Hanusa, Joseph, Boudreau)
2.	2017	4:04.23 (Richardson, Shimamoto, Anonuevo, Vranicar)
1.	1979	4:00.24 (Ceckowski, Voisard, Wilson, Tumpey)

4X800 RELAY

10.	2024	10:15.41 (Brown, Shi, Geres, I. Bennie)
9.	2017	10:15.39 (Shimamoto, Healy, Kingsepp, Vranicar)
8.	2007	10:15.34 (Maeglin, Haberman, Cook, Hansen)
7.	2018	10:15.01 (Wolski, Healy, Osborn, Shimamoto)
6.	2012	10:15.00 (Suri, Silvers, Fertig, Lloyd)
5.	1988	10:12.24
4.	2011	10:08.44 (Suri, S. Jarvis, Lloyd, Hanusa)
3.	2021	10:07.47 (Albrecht, K Trella, M Trella, Wolski)
2.	2009	9:57.74 (Ehrenreich, S. Jarvis, Hanusa, Barry)
1.	2010	9:50.74 (Ehrenreich, S. Jarvis, Hanusa, Barry)

SHOT PUT

10.	Katie Morgan	32-7.25	2004
9.	Kristin DeCorrevont	32-9.5	2008
8.	Audrey Wolf	32-10.5	1978
7.	Claire Johnson	33-1	2016
6.	Liz Pavalon	33-3	2012
5.	Laura Handberg	34-4.5	1975
4.	Raven Thomas	34-10	2010
3.	Jane Daniel	37-2.25	1978
2.	Katy McIntyre	38'4.5	2012
1.	Cory Kneuer	38-10.25	1975

DISCUS

10.	Lynsey Howse	99-10	2012
9.	Lauren Handberg	100-6	1975
8.	Rachel Afulike	100-7.5	2021
7.	Stacy Steinman	100-9	1998
6.	Sarah Mott	101-9	2014
5.	Robbie Paulsen	102-3	2002
4.	Claire Johnson	103-10	2016
3.	Andrea Morgan	104-4	2002
2.	Katy McIntyre	114-2	2012
1.	Isabella Carpenter	123-11.5	2023

POLE VAULT

10.	Colleen Burns	8-9	2016
10.	Audrey Mertes	8-9	2018
8.	Lizz Kunz	9-0	2007
8.	Sabrina Linton	9-0	2014
7.	Mati Schwartz	9-3	2024
5.	Carson Ram	9-6	2010
5.	Katie Ziegler	9-6	2010
4.	Kristie Topel	10-0	2008
3.	Haley Johnson	10-3	2012
2.	Jackie Ziegler	11-0	2005
1.	Christine Stitcher	11-3	2013

HIGH JUMP

10.	Jayne Rosenfeld	5-0	1993
10.	Alex Smiley	5-0	2010
10.	Lauren Goodsnyder	5-0	2017
9.	Cory Kneuer	5-1	1975
4.	Elena Montalvo	5-2	2003
4.	Maddie Quigley	5-2	2005
4.	Jackie Ziegler	5-2	2005
4.	Nikki Jarvis	5-2	2010
4.	Kim Julison	5-2	2017
3.	Jillian Brown	5-3	2018
2.	Hayley Dorfman	5-4.5	2013
1.	Martha Caflisch	5-8	1981

LONG JUMP

10.	Grace Liberman	15-9.25	2017
9.	Kat Buck	15-10	2014
8.	Devon Gold	15-11	2012
7.	Michela Emmerich	16-0	2013
6.	Brandy Bechina	16-1	1989
5.	Mary Palmer	16-1.75	1987
4.	Domonique Keys	16-4	2002
3.	Haley Johnson	16-7	2010
2.	Martha Caflisch	16-11.25	1979
1.	Zoie Richardson	17-.5	2018

TRIPLE JUMP

10.	Melissa Modro	32-6.5	2010
9.	Melissa Hayne	32-6	2002
8.	Jenny Katz	33-.5	2011
7.	Sophie Lackner	33-6.5	2015
6.	Shelby Scheck	33-8	2009
5.	Christine Sticher	33-8.5	2013
4.	Karen Hartwig	33-9.5	2000
3.	Arielle Gray	34-3	2009
2.	Michela Emmerich	34-11.5	2016
1.	Devon Gold	36-2	2012

800 M MEDLEY RELAY – Discontinued in IHSA after 2006

10.	1989	1:59.74
9.	1992	1:59.64 (Ashley, Kagan, Rosenfeld, Heller)
8.	2002	1:58.94 (Collins, Trummer, H. Cohen, Keys)
7.	2001	1:58.84 (Rafael, Johnson, Keys, H. Cohen)
6.	2012	1:58.34 (Danos, Block, Joseph, Dorfman)
5.	1978	1:57.24
4.	2000	1:56.84 (Rafael, Johnson, Autrey, Ryan)
3.	1979	1:55.14 (Zander, Wilson, Tumpey, Voisard)
2.	2003	1:53.74 (Collins, Hayne, Muldoon, Keys)
1.	2011	1:53.44 (Dorfman, S. Katz, Joseph, Boudreau)