



THE DFDC 1999-PRESENT CC TOP 10 TIMED MILES

FRESHMAN:

1.	Dawid Turos	4:51.5	10/14/2020
2.	Josh Puyear	4:51	2017
3.	Cole Bernstein	4:52	2018
4.	Andrew Calderon	4:52.5	10/17/2023
5.	Jon Wool	4:53.2	10/30/2020
6.	Eric Lakemaker	4:53	2018
7.	Ryan Bernstein	4:53	2018
8.	Jordan Abosch	4:54	2009
9.	Noble Schermerhorn	4:55	2003
10.	Alex Gold	4:57	2009

SOPHOMORE:

1.	Andrew Calderon	4:35.4	11/7/2024	*NEW ADDITION
2.	Ryan Bernstein	4:36.4	10/8/2019	
3.	Jamie Chandler	4:37.4	8/8/2023	
4.	Cole Bernstein	4:38.0	10/8/2019	
5.	Eric Lakemaker	4:40.8	10/8/2019	
6.	Ethan Reich	4:40.8	11/7/2024	*NEW ADDITION
7.	Alex Gold	4:43	2010	
8.	Charles Nash	4:44	2012	
9.	Josh Puyear	4:45	2018	
10.	Lucas Moskovitz	4:46.1	10/8/2019	

JUNIOR:

1.	Eric Lakemaker	4:35	8/11/2020	
2.	Dylan Cohen	4:35.9	11/10/2022	
3.	Ryan Bernstein	4:36.4	9/26/2020	
4.	Cole Bernstein	4:36.8	9/26/2020	
5.	Noble Schermerhorn	4:38	2005	
6.	Lucas Moskovitz	4:38	8/11/2020	
7.	Nick Dowell	4:40.1	11/15/2023	
8.	Sam Chaban	4:40.3	11/7/2024	*NEW ADDITION
9.	Jamie Chandler	4:40.4	8/13/2024	*NEW ADDITION
10.	Ben Freedman	4:42.0	11/15/2023	

SENIOR:

1.	Pat Wylie	4:27	2009	
2.	Alex Gold	4:30	2012	
3.	Shai Farhi	4:32	2012	
4.	Noble Schermerhorn	4:34	2006	
5.	Josh Puyear	4:34	8/11/2020	
6.	Charles Nash	4:35	2014	
7.	Jordan Abosch	4:35	2012	
8.	Ben Kraemer	4:36.0	10/8/2019	
9.	Dylan Cohen	4:36.9	8/8/2023	
10.	Ben Freedman	4:37.9	11/7/2024	*NEW ADDITION

Note: Only timed miles during or shortly after cross country season are considered (July-November). No times from track season.

Note: All times in 2019 or later (except 2020) are full mile times. Previous times are only 1600m. No conversions, just a harder standard.